

# Stanford Sexual Violence Supportive Measures and Resources

If you are in immediate danger, call 911. If you don't know where to go, CST is always a great first stop.



Scan me for an online version of this resource.

## If you're looking for...

### General Support

CST and YWCA both offer general resources. CST can help with on- and off-campus support, whereas YWCA specializes in off-campus.

- someone to talk to
- advice on how to support a friend
- someone to come with you to an appointment
- 24 hour hotline
- learning about your options and safety planning

### Supportive Measures

CST or SHARE can work with other offices on campus to help facilitate accommodations. They only share your information with your consent.

- academic extensions
- campus safety escorts
- schedule adjustments
- no-contact orders
- temporary housing

### Legal/Reporting Help

If you would like to learn more about the Title IX process, you can talk to CST or the SHARE Title IX office. If you would like assistance with reporting to the police or getting a restraining order, talk to YWCA.

- learning about your rights and reporting options
- support through the reporting process
- non-disciplinary university intervention (SHARE)



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### Medical Help

Stanford Hospital and Vaden both offer basic medical services, and the hospital also offers forensic exams and drug tests. CST or YWCA can help arrange transportation.

- physical injury treatment
- STI treatment and testing
- emergency contraception (also available at the Old Union gender neutral bathroom)
- unintended drug consumption (hospital only)
- Sexual assault forensic exams (hospital only)



### Holistic Healing

CST, YWCA, and the SHARE Education Team can direct you to places that have healing options. Please see their websites for individual offerings.

- finding community
- yoga as healing
- religious based healing
- psychotherapy
- healing workshops

### Considering a University Report?

If you would like to request disciplinary action, you must make a report to either the SHARE Title IX Office or the police.

Making an initial report to the SHARE Title IX Office only notifies the office -- an investigation and/or hearing only occurs if you choose to proceed or under very specific and rare circumstances as decided by the SHARE Title IX Office. If an investigation/hearing does occur without your consent, you do not have to participate.

If you would like more information about the university processes, please go to [share.stanford.edu/policies-and-procedures](https://share.stanford.edu/policies-and-procedures). If you would like to submit an initial report, go to [share.stanford.edu/reporting-and-complaint-resolution](https://share.stanford.edu/reporting-and-complaint-resolution).

### Other Legal/Reporting Help Options

#### Callisto

If you want to create a confidential record and help detect repeat offenders, you can do so through [mycallisto.org](https://mycallisto.org).

#### ASSU Legal Aid

ASSU offers limited free legal aid at [assu.stanford.edu/services/legal-counsel-office](https://assu.stanford.edu/services/legal-counsel-office).

= confidential    = non-confidential

## You can visit...

## What they offer:

### Confidential Support Team (CST)

CST offers counseling, help navigating options, and connection to other on- and off-campus resources. They have no reporting obligations to the university, so going to them will never lead to a university investigation without your consent.

24/7 Hotline: (650) 725 - 9955    [vaden.stanford.edu/cst](https://vaden.stanford.edu/cst)

Business Line: (650) 736 - 6933



### Stanford Hospital Emergency Dept.

The hospital offers emergency care, SART exams, and unintended drug consumption tests. Medical professionals have no university reporting obligations. They *are* required to report to the police under certain circumstances, but it doesn't necessarily lead to an inquiry.

(650) 723 - 5111    [share.stanford.edu/get-help/medical-options](https://share.stanford.edu/get-help/medical-options)

### Vaden Health Center

Vaden can help with physical injuries, STI treatment and testing, and emergency contraception.

(650) 498 - 2336, Ext. 1    [vadenpatient.stanford.edu](https://vadenpatient.stanford.edu)



### SHARE Title IX Office

This office is in charge of SHARE Title IX cases. Telling them about an incident will generate an initial report, but only in rare cases will they continue to an investigation without your consent. They also offer interventions, supportive measures, and healing options.

(650) 497 - 4955    [share.stanford.edu](https://share.stanford.edu)    [titleix@stanford.edu](mailto:titleix@stanford.edu)



### YWCA @ Stanford

YWCA Silicon Valley is an independent confidential resource with no reporting obligations to the university. Services include Stanford advocacy, criminal advocacy, personal advocacy, forensic exam accompaniment, legal services, counseling/therapy and more.

24/7 Hotline: (800) 572 - 2782    [stanford@yourywca.org](mailto:stanford@yourywca.org)

Stanford Line: (408) 649- 7686    [yourywca.stanford.edu](https://yourywca.stanford.edu)

